



Resources for Resiliency

Addison County Area Community Resource Guide



THE
University of Vermont
HEALTH NETWORK

The heart and science of medicine.

Porter Medical Center

Community Resource Guide

Statement of Purpose

This guide was created by the Porter Medical Center Community Health Team with the goal of providing our community with a comprehensive resource guide that includes information about a range of supports available in the Addison County area, including mental health, substance misuse treatment, food resources, housing, transportation, and more. We hope that you find this

The Community Health Team offers FREE services to patients in a patient-centered medical home. These services include Behavioral Health Counseling, Dietician, and Case Management Services. Talk to your primary care provider or pediatrician about these services.

While we strive to keep this resource guide up to date, we recommend calling 2-1-1 or texting your zip code to 898211 for the most updated information.

CRISIS LINES

*The VERMONT 2-1-1 contact call center is available 24/7
Texting is available M-F 8a-8p | (Text zip code to: 898211)*

Adult Protective Services (to report abuse)...	1-800-564-1612
Child First Advocacy Center (to report suspected abuse or sexual abuse).....	1-800-649-5285
Alcoholics Anonymous (AA).....	802-775-0402
Domestic Violence.....	1-800-489-7273
Emergency (Ambulance, Fire, Police).....	9-1-1
Human Trafficking Hotline.....	1-888-373-7888
LGBTQ Crisis Hotline.....	1-866-488-7386
National Dating Abuse Hotline.....	1-866-331-9474
National Runaway Hotline.....	1-800-786-2929
Poison Control.....	1-800-222-1222
24 hr Hotline for Domestic/Sexual Violence ...	802-775-3232
Smoking Cessation, VT Quit Now.....	1-800-784-8669
National Suicide Prevention Lifeline.....	1-800-273-8255
Headrest: Teen Suicide Hotline.....	1-800-639-6095
Under Age Drinking Safety Line.....	1-866-833-6873
Veterans Suicide Crisis Line.....	1-800-273-8255



TABLE OF CONTENTS

Advocacy and Legal Support 1

Children / Youth 2

Clothing..... 4

Disabilities..... 5

Employment Assistance..... 6

Food..... 8

Fuel Assistance..... 14

Health and Dental 15

Housing..... 18

Mental Health..... 20

Recreation..... 21

Senior Support..... 23

Sexual and Domestic Violence 28

Substance Use Treatment 29

Transportation..... 31

Youth and Families 32

Addison County Restorative Justice Services

Youth Substance Abuse Safety Program, Court Division, Driving with suspended license, Pretrial monitor services, Tamarack program, Reintegration program, and Circles of support & accountability. Learn more online at <https://www.acrjs.org/>

282 Boardman Street Box 4, Middlebury, VT
Call 1(802) 388-3888

VT Legal Aid

AGE WELL

Program offering home delivered meals for older or home-bound Vermonters. Learn more at <https://vtlegalaid.org/>

57 North Main Street. Rutland, VT 05701
(802) 775-0021
264 North Winooski Ave. Burlington, VT 05402
(802) 863-5620

Victim Services Program

DEPARTMENT OF CORRECTIONS

Provides assistance for crime victims with concerns related to offenders in jail or under supervision regarding offender status, planning, accompaniment to Parole Board hearings, and assistance in preparing for offender re-entry. Learn more online at <https://doc.vermont.gov/content/services-victims>

280 State Drive, NOB 2 South, Waterbury, VT 05671 Call 1-802-
Call: 1-888-810-1847
Email: ahs.docvictimservices@vermont.gov

Addison County Parent Child Center

Programs for parents and children including Pregnancy Prevention Program, Learning Together Program, Programs for adolescents and at-risk teens, Early childhood education, Home visits, therapies, outreaches, playgroups, as well as support for professionals. Learn more online at <https://www.addisoncountypcc.org/>.

126 Monroe Street. Middlebury, VT 05753

Call (802) 388-3171

Email: dbailey@addisoncountypcc.org

Boys and Girls Club of Greater Vergennes

Offer programing to youth in the greater Vergennes area. Learn more online at <https://bgcvergenes.org/club-programs>

20 Armory Lane Vergennes, VT 05991

Call (802) 870-719

Bristol Family Center

The BFC serves children from 6 weeks to 6 years old and is recognized as a special services provider by child development division. Learn more online at <https://www.bristolfamilycenter.org/about>

16 Orchard Terrace. Bristol, VT 05443

Call (802) 453-5659

Mary Johnson Childcare Services and Children Center

The Center is home to several programs which support children and families. Learn more online at <http://www.mjccvt.org/>

81 Water Street, Middlebury, Vermont 05753

Call (802) 388-2853

Email: office@mjccvt.org

Prevent Child Abuse Vermont

A resource dedicated to parents, professionals & community members for parenting support, resources and referrals.

Local: Addison County Children's Advocacy Center:

1-800-228-7395

Addison County Unit for Special Investigations:

(802) 388-2025

Email: pcavt@pcavt.org

Parents HELP LINE — 1-800-CHILDREN

Vermont Family Services Division

The department offers Child Protection, reports of child abuse, Foster Care, adoptions, youth justice, and resources for partners. Learn more online at www.dcf.vermont.gov/fsd

156 South Village Green, Middlebury, VT 05753

Call (802) 388-4660

Goodwill

1080 Shelburne Road, South Burlington, VT (802) 658-5359
230 North Main Street, Rutland, VT (802) 772-4383

Habitat for Humanity

(802) 388-0400
30 South Village Green, Middlebury, VT 05753

HOPE - Resale Store

(802) 388-3608
282 Boardman Street, Middlebury, VT 05753

The House.

(802) 349-5363
325 Route 7. Middlebury, VT 05753.
thehousevermont.com

Junebug.

(802) 388-1055
211 Maple Street, Middlebury, VT 05753

Neat Repeats

(802) 388-4488
1428 Route 7 South, Middlebury, VT 05753

Operation Bundle -Up Community Health

(802) 770-4280
www.chcrr.org/community

Sweet Charity.

(802) 877-6200
141A Main Street, Vergennes, VT 05491

United Way of Addison County

(802) 388-7189

Champlain Community Services (CCS)

(802) 655-0511

Employment for people with intellectual disabilities & Autism.

Communications Support Project

1-800-834-7890

For People who have disabilities that interfere with the ability to communicate. Learn more online: csp@disabilityrightsvt.org

Vermont Interpreter Referral Service

1 800-639-1519

(802) 254-3920 (V/TTY) | (802) 275-0104 (Video Phone)

CSAC Developmental Services

(802) 388-6751

89 main Street, Middlebury, VT 05753

Division of Disability & Aging Services

(802) 871-3065

103 Main Street (Weeks Building), Waterbury, VT 05671

National Multiple Sclerosis Society

(802) 871-5696

75 Talcott Road, Suite 40, Williston, VT 05495

Specialized Community Care

(802) 388-6388

P.O. Box 578. East Middlebury, VT 05740

Provides clinical, crisis, home support, respite, & service coordination.

VT Association for the Blind & Visually Impaired

(802) 863-1358

60 Kimball Avenue, South Burlington, VT 05403

ACEDC

ADDISON COUNTY ECONOMIC DEVELOPMENT CORP

ACEDC is your connector to the resources and solutions your business needs to thrive. Learn more online at [Services | Addison County Economic Development Corporation \(addisoncountyedc.org\)](#) .

1590 Route 7 South Suite 8
Middlebury, Vermont 05753
Call 802-388-7953

ACWA

ADDISON COUNTY WORKFORCE ALLIANCE

Aligns the workforce development system to the needs of employers as well as job seekers through systematic and ongoing engagement and partnership. Learn more online at [Addison County Workforce Alliance \(addisoncountyedc.org\)](#)

1590 Route 7 South, Suite 8
Middlebury, VT 05753
Call (802) 388-7953

Northlands Job Corps

SUBTITLE

The mission is to teach eligible young people the skills they need to become employable and independent and place them in meaningful jobs or further education. Learn more online at [About Us | Northlands Job Corps Center](#) .

100A MacDonough Dr Vergennes, VT 05491-1057
Call 800 733-5627

Vermont Adult Learning

Offer FREE individualized instruction via classroom, small group and 1:1 tutoring. Learn more online at <https://vtadultlearning.org/services/>

282 Boardman Street, Middlebury, Vermont 05753

Call (802) 388-4392

Email: addisoninfo@vtadultlearning.org

Vermont Job Link

VERMONT DEPARTMENT OF LABOR

FREE self-service matching system for job seekers, provided by VT Department of Labor. Learn more online at https://www.vermontjoblink.com/ada/r/job_seeker

A note on contacting food shelves and pantries:

Food shelf hours and availability vary. Call food shelves directly to get the most up-to-date information, or contact 2-1-1 Vermont.

2-1-1 Vermont: connect to a specialist 24/7 by dialing 2-1-1, or text your zip code to 898211 Monday-Friday 8am-8pm.

HOPE

HELPING OVERCOME POVERTY'S EFFECTS

Income restrictions apply. Serves Addison County. Learn more online at <http://www.hope-vt.org/>.

282 Boardman Street, Middlebury
Call 802-388-3608

CVOEO

CHAMPLAIN VALLEY OFFICE OF ECONOMIC OPPORTUNITY

Income restrictions apply. Serves most of Addison County. Learn more online at <https://www.cvoeo.org/>.

54 Creek Road, Middlebury,
Call 802-388-2285

Vergennes Community Food Shelf

CONGREGATIONAL CHURCH OF VERGENNES

No income restrictions apply. Serves Addison, Ferrisburgh, New Haven, Panton, Waltham, and Vergennes. Learn more online at <https://www.vergennesucc.org/>.

30 South Water Street, Vergennes
Call 802-877-2435

3SquaresVT (SNAP) Program

DEPARTMENT FOR CHILDREN AND FAMILIES

Program for income-eligible families and individuals to provide extra money each month for groceries. Learn more online at vermontfoodhelp.com

Department for Children and Families/Middlebury District Office
156 South Village Green, Suite 201, Middlebury
Call 1-800-479-6151
Go to <https://dcf.vermont.gov/mybenefits> to apply online

Meals on Wheels Program

AGE WELL

Program offering home delivered meals for older or home-bound Vermonters. Learn more at agewellvt.org.

Age Well
76 Pearl Street, Ste. 201, Essex Junction
Call 1-800-642-5119

The Commodity Supplemental Food (CSFP) Program

VERMONT FOODBANK

A free box of food each month for income-eligible Vermonters 60+. Learn more online at <https://www.vtfoodbank.org/share-food/csfp>

HOPE
282 Boardman Street, Middlebury, Vermont
Call 1-802-388-3608

Women Infants & Children (WIC) Program

VERMONT DEPARTMENT OF HEALTH

Access to healthy food, nutrition education and counseling, and breastfeeding support for pregnant women, caregivers, or women with children under five. Learn more at <https://www.healthvermont.gov/family/wic>

Vermont Department of Health/Middlebury District Office
156 South Village Green, Suite 202, Middlebury
Call 1-802-388-4644 or Text "VTWIC" to 85511

School Meal Programs

Nutritious meals provided by foodservice programs, free to those who qualify. Schools encourage all students to complete an application each school year to help families stretch food dollars and help schools access more funding for education and nutrition programs. Learn more at <https://www.hungerfreevt.org/school-meals-hub>

Contact your local school to submit your school meal application and to see what nutrition programs are offered at your school.

Summer Meals Program

Free meal program available to all children and teens 18 and under at sites throughout Addison County in the summer.

Call 2-1-1 in June for the most up to date list of meal sites near you

Search for meal sites using the USDA Meals for Kids Site Finder at <https://www.fns.usda.gov/meals4kids>

Victory Baptist Church

No income restrictions apply. All are welcome.

862 Route 7, Vergennes

Call 802-877-3393

Email victoryvt@gmail.com



Starksboro Food Shelf

No income restrictions apply. Serves Starksboro.

3056 Vermont Route 116, Starksboro

Call 802-336-2141

Email Laurie at lawebber49@verizon.net

New Community Project Food Share

FIRST BAPTIST CHURCH OF STARKSBORO

Every Sunday from 2:30-3pm. No income restrictions apply. All are welcome. First come, first serve. Learn more online at <http://www.starksborobaptistchurch.org/>

2806 VT Route 116, Starksboro

Call 802-434-2333

Have a Heart Community Food Shelf

SAINT AMBROSE CATHOLIC CHURCH

No income restrictions apply. Serves Bristol, Lincoln, Monkton, New Haven, and Starksboro.

11 School Street, Bristol

Call 802-453-2453

Hinesburg Food Shelf

HINESBURG COMMUNITY RESOURCE CENTER

No income restrictions apply. Serves Monkton, Hinesburg, Huntington and St. George. Learn more online at <http://www.hinesburgresource.org/food-shelf.html>

51 Ballards Corner Rd, Hinesburg

Call 802-482-4946

Charlotte Food Shelf

CHARLOTTE CONGREGATIONAL CHURCH, UCC

Learn more online at <https://www.charlotteucc.org/charlotte-food-shelf>

403 Church Hill Road, P.O. Box 12, Charlotte

Call 802-425-3252 for information or 802-425-3130 for emergency food

Whiting Community Cupboard

WHITING COMMUNITY CHURCH

No income restrictions apply. All are welcome.

7 North Main Street, Route 30, Whiting

Call 802-623-7171 or 802-623-8033

Brandon Area Emergency Food Shelf

BRANDON CONGREGATIONAL CHURCH

No income restrictions apply. Serves Brandon, Sudbury, Forest Dale, and parts of Goshen.

Route 7 and Union Street, Brandon

Call 802-247-6720

Assembly of God Christian Center

No income restrictions apply. Call for an appointment.

1759 U.S. Route 7, Ferrisburgh

Call 802-877-3903



CVOEO

CHAMPLAIN VALLEY OFFICE OF ECONOMIC OPPORTUNITY

Provides crisis and seasonal fuel assistance. Can help with repair of furnace for homeowners. Learn more online at cvoeo.org.

Call 1-802-388-2285 for Middlebury office

Or call 1-800-479-6151 for after hours crisis assistance.

HOPE

HELPING OVERCOME POVERTY'S EFFECTS

Provide financial assistance with housing and utilities. Learn more online at hope-vt.org

282 Boardman St, Middlebury, VT 05753

Call (802) 388-3608

Vermont Agency of Human Services

DEPARTMENT FOR CHILDREN AND FAMILIES

Apply online, by mail, on in person. Must meet income requirements. Learn more online at dcf.vermont.gov/benefits/fuel-assistance.

Call 1-800-479-6151 or visit a district office to get a paper application,

Catholic Charities

HELPING OVERCOME POVERTY'S EFFECTS

Provide financial assistance with basic needs. Learn more online at <https://vermontcatholic.org/ministries-programs/catholic-charities/>

Call: 877-250-4099 (Burlington)

Call: 800-851-8379 (Rutland)

ACHHH

ADDISON COUNTY HOME HEALTH & HOSPICE

Home care services that include skilled nursing, rehab services, and ancillary support services. Learn more online at achhh.org.

254 Ethan Allen Highway, New Haven, VT 05472
Call (802) 388-7259

BAYADA

HOME HEALTH CARE

Home health, hospice, and rehab services. Offices in Chittenden County and Rutland. Learn more online at bayada.com

Call (888) 833-5706

Community Dental Shorewell

SHOREWELL COMMUNITY CENTER

Accepts Medicaid Learn more online at bayada.com

2989 VT Route 22A, Shoreham, VT 05770
Call (802) 897-7716

Vermont Lion's Club

EYEGLASS AND HEARING AID RECYCLING

Collects and recycles eyeglasses and hearing aids, then sanitizes and reissues them where needed. Learn more online at vermontlions.org

Call (888) 885-4667 ext 298

ODC

OPEN DOOR CLINIC

A free health and dental clinic for uninsured or under-insured adults in Addison County. Available by appointment only. Learn more online at opendoormidd.org

100 Porter Dr. Middlebury, VT 05753
Call (802) 388-0137

SHIP

STATE HEALTH INSURANCE PROGRAM

Provides information, assistance and support to Medicare beneficiaries who need help selecting or managing public and/or private health insurance benefits. Learn more online at asd.vermont.gov

Call 1-800-642-5119

Middlebury Family Health

FAMILY PRACTICE

Learn more online at <https://www.middleburyfamilyhealth.com/>

1330 Exchange St Suite 201, Middlebury VT 05753
Call 802-388-4701

Mountain Health Center

FAMILY PRACTICE

Learn more online at mountainhealthcenter.com

74 Munsil Ave, Bristol, VT 05443
Call (802) 453-5028

ODC

OPEN DOOR CLINIC

A free health and dental clinic for uninsured or under-insured adults in Addison County. Available by appointment only. Learn more online at opendoormidd.org

100 Porter Dr. Middlebury, VT 05753
Call (802) 388-0137

UVM Porter Medical Center

PRIMARY CARE (BRANDON, MIDDLEBURY, VERGENNES, AND PEDIATRICS)

Learn more online at <https://www.portermedical.org/>

Call 802-388-4701

Rainbow Pediatrics

PEDIATRICS

Learn more online at <http://rainbowvt.com/>

99 Court Street, Suite 1, Middlebury, VT
Call 802-388-1338

Vermont Natural Family Health

NATUROPATHIC SERVICES

Learn more online at <https://www.vermontnaturalfamilyhealth.com>

8 Shard Villa Rd, Salisbury, VT 05769
Call 802-352-9078

VSHA

VERMONT STATE HOUSING AUTHORITY

Provides affordable housing assistance to Vermonters. Interpreter services available. Learn more online at vsha.org.

One Prospect St, Montpelier, Vermont 05602-3556
Call (802) 828-3295

John Graham Housing & Services

Provides emergency and long-term shelter options. Learn more online at johngrahamshelter.org

69 Main Street Vergennes, VT 05491
Call 802-877-2677

HOPE

HELPING OVERCOME POVERTY'S EFFECTS

Provide financial assistance with housing and utilities along with assistance for homeless. Learn more online at hope-vt.org

282 Boardman St, Middlebury, VT 05753
Call (802) 388-3608

Charter House Coalition

Provides basic meals and shelter in and around Middlebury. Weekly community suppers. Learn more online at charterhousecoalition.org

27 North Pleasant St. Middlebury, VT 05753
Call (802) 989-8621
Email charterhouseinformation@gmail.com

Addison County Community Trust

Organization that develops, owns, and manages affordable housing in Addison County. Learn more online

addisontrust.org

272 Main St. Vergennes, VT 05491

Call (802) 877-2626

CVOEO

CHAMPLAIN VALLEY OFFICE OF ECONOMIC OPPORTUNITY

Income restrictions apply. Serves most of Addison County.

Learn more online at <https://www.cvoeo.org/>.

54 Creek Road, Middlebury,

Call 802-388-2285

Elm Street First Time Renters Program

PART OF PARENT CHILD CENTER

Offers transitional housing for up to 10 young families.

Families can stay for 1-2 years. Learn more online at

[SERVICES | addisoncountypcc](#)

126 Monroe Street, Middlebury, VT

802-388-3171

Habitat for Humanity

Housing assistance and opportunity for homes. Learn more online at [Addison County \(vthabitat.org\)](http://Addison County (vthabitat.org))

P.O. Box 1217, Middlebury, VT. 05753

802-388-400

Email: habitat.addison@yahoo.com

CSAC

COUNSELING SERVICES OF ADDISON COUNTY

Provides a wide range of professional mental health and developmental services. Learn more online at csac-vt.org/

89 Main St. Middlebury, VT 05753

Call (802) 388-6751 to request services

Call (802) 388-7641 for emergency services/Crisis Support

Otter Creek Associates

Outpatient interdisciplinary mental health group practice for children, adults, and families providing clinical assessment and treatment. Learn more online at <https://www.ottercreekassociates.com/>

79 Court Street Middlebury, VT 05753

Call (802) 388-9655

Suicide Prevention Lifeline

www.suicidepreventionlifeline.org

Call 1-800-273-8255

Psychology Today — Find local private therapists

www.psychologytoday.com

Pathway Vermont Support Line

Focus is on mental health help and counseling from anger, loneliness, support for substance abuse, medical concerns, relationship challenges or thoughts of suicide. Learn more online at pathwaysvermont.org

1-833-888-2557 (833) VT-TALKS (Call or text)

Middlebury Parks and Recreation

Offers programs ,athletics, and special events for adults, youths, and families. Learn more online at townofmiddlebury.org in the menu under department select “Parks and Recreation”.

154 Creek Rd, Middlebury, VT 05753
Call (802) 458-8014

TAM

TRAIL AROUND MIDDLEBURY

Network of maintained trails around the Middlebury area open for year-round use. Learn more online at maltvt.org for trail maps and information.

Email info@maltvt.org
Call (802) 388-1007

Bristol Trail Network

BRISTOL RECREATION CLUB

Easy/moderate walking trails near Bristol Village. Learn more online at bristolrecclub.org/bristol-trail-network/ for trail maps and information.

Bristol Recreation Club, 110 Airport Drive, Bristol, VT
Email bristolrecclubvt@gmail.com

Bristol Recreation Department

Bristol Recreation Department is committed to offering lifelong learning opportunities through a wide range of quality recreational and performing arts activities to people of all ages. Learn more online at bristolvt.myrec.com.

P.O. Box 249, Bristol, VT
Call 802-453-5885; Email RecDirector@BristolVt.org

Bristol HUB Teen Center & Skate Park

For youth between the ages of 12-19 years old. Learn more online at <http://bristolskatepark.com/>

110 Airport Drive, Bristol, VT

Call (802) 453-3678

Middlebury Fitness

Local gym with a variety of classes. Personal trainers available. Learn more online at <http://www.middleburyfitness.com/home-1.html>

175 Wilson Rd. Middlebury, VT 05753

Call 802-388-3744

Vermont Sun Fitness Centers

Local gym with a variety of classes. Personal trainers available. Learn more online at <https://vermontsun.com/>

11 Main Street, Vergennes, VT

812 Exchange Street, Middlebury, VT

Call 802-877-2030



Age Well

Provide access to healthy meals, in-home care, and community resources. Learn more online at agewellvt.org.

875 Roosevelt Hwy, Suite 210, Colchester, VT 05446

Call 1-800-642-5119 for helpline

Elderly Services

PROJECT INDEPENDENCE

Offering Adult Day Program as well as counseling, education programs, and support groups. Learn more online at elderlyservices.org

Email mail@elderlyservices.org for info.

Call (802) 388-3983

SASH

SUPPORT AND SERVICES AT HOME

Serves older adults and those with special needs with housing and resources to live independently. Learn more online at sashvt.org

Middlebury: 802-388-5762,

Bristol: 802-453-6877

Shoreham/Orwell: 802-948-2205,

Vergennes: 802-870-7182

VABVI

VERMONT ASSOCIATION FOR THE BLIND AND VISUALLY IMPAIRED

Offer training, services, and support to visually impaired Vermonters. Learn more online at vabvi.org.

Email general@vabvi.org

Call 1-800-639-5861

Vermont Support Line

PATHWAYS VERMONT

Free, anonymous resources for Vermonters who are looking for someone to talk to. Learn more online at pathwaysvermont.org.

Call (833) VT-TALKS/ (833) 888-2557

Email info@pathwaysvermont.org

Alzheimer Association

VERMONT CHAPTER

In-person and telephone support groups and education for families and caregivers. Learn more online at alz.org/Vermont?set=1.

Call 1-800-272-3900.

At Home Senior Care

Caregivers to assist with a variety of daily activities. Services are available 24 hours a day, 7 days a week and are personalized to meet your individual needs. Learn more online at At Home Senior Care (athomeseniors.net)

173 Court Street Middlebury, VT 05753

802-388-7555

Caring for Our Elders

Supports in-home nursing care, ensures daily meals, provides transportation to day care, and offers compassionate end of life programs. Learn more online at [Caring for our Elders — United Way of Addison County \(unitedwayaddisoncounty.org\)](http://Caring for our Elders — United Way of Addison County (unitedwayaddisoncounty.org))

175 Wilson Road, Suite 101 Middlebury, VT 05753

802-388-7189

Home Instead Senior Care

Non-Medical Home Care. Care individualized to meet the needs of family member. Caregivers assist elder clients with ADL's like showering, cooking, transportation and much more. Learn more online at [Senior Care Shelburne, VT | Home Instead Senior Care](#)

3038 Shelburne Rd. Shelburne, Vt 05482

Synergy Homecare

Quality home care serving the Champlain Valley including northern Addison County. Learn more online at <https://shelburne.synergyhomecare.com/>

145 Pine Haven Shores Road Suite 2151. Shelburne, VT
Call (802) 399-2142

Vermont Division of Disability & Aging Services

Learn more online at <https://dail.vermont.gov/>

103 South Main Street., Waterbury, VT 05671
Call: 802-388-7555

Vermont Associates

Provides training & employment services to low-income Vermonters 55+ or disabled. Learn more online at <https://a4td.org/>

88 Merchants Row. Rutland, VT 05701
Call: 802-282-4423



Addison County Home Health & Hospice

(802) 388-7259

254 Ethan Allen Highway New Haven, VT 05472

BAYADA Hospice Virtual Caregiver Support Group

1-800-282-4122

Everyone welcome. A virtual caregiver support group. 2nd Thursday of each month from 2:30-3:30pm.

Email: shalliday@bayada.com to get a Zoom link

BAYADA Hospice

(802) 448-1610

2517 Shelburne Road, Suite 1 Shelburne, VT 05482

End of Life Services

(802) 388-4111

63 Maple Street #8A- In the historic Marble Works
Middlebury, VT 05753

Helen Porter Respite & Hospice Services - Porter

Medical Center. www.portermedical.org

115 Porter Drive. Middlebury, VT 05753

Michelle Wright RN - Admission/Discharge Coordinator

(802)385-3696

Eastview at Middlebury

LTC, Assisted Living & Memory Care

(802) 989-7500 | 100 Eastview Terrace. Middlebury, VT 05753

Helen Porter Health & Rehabilitation Center

LTC, Memory Care, Rehab & Respite Care

(802) 388-4701 | 115 Porter Dr. Middlebury, VT 05753

Johnson Care Home

Assisted Living & Memory Care

(802) 767-4404 | 919 VT Route 100 Hancock, VT 05748

Living Well Residential Care

Holistic— LTC, Memory Care

(802) 453-3946 | 71 Maple Street Bristol, VT 05443

The Residence at Otter Creek

LTC, Assisted Living & Memory Care

(802) 388-1220 | 350 Lodge Road. Middlebury, VT 05753

Ringers Home Care

LTC, Assisted Living & Memory Care

(802) 877-1363 | 195 Green Street. Vergennes, VT 05491

Shard Villa Level III Residential Care Home.

LTC, Assisted Living & Memory Care

(802) 352-4369 | 1177 Shard Villa Road. Salisbury, VT 05769

Vergennes Residential Care

LTC, Assisted Living & Memory Care

(802) 877-3562 | 34 North Street. Vergennes, VT 05491

WomenSafe

EMERGENCY SHELTER AND SUPPORT SERVICES

Support groups, resources, and individual support for victims of sexual and domestic abuse. Learn more online at womensafe.net.

PO Box 67 Middlebury, VT 05753

Call 24hr hotline at (802) 388-4205

Pride Center Vermont

SAFE SPACE PROGRAM

Free and confidential emotional support, advocacy, and resources for LGBTQ+ survivors of violence and discrimination. Learn more online at pridecentervt.org

info@pridecentervt.org

Call (802) 863-0003

VT Network Against Domestic & Sexual Violence

COMMISSION ON WOMEN

Learn more online at <https://vtnetwork.org/>

P.O.Box 405 Montpelier, VT 05601

Domestic Violence: 800-228-7395

Sexual Violence: 800-489-7273

Mountain Health Center—MAT

MEDICATION ASSISTED TREATMENT

Counseling, support, and prescription medication treatment for those dealing with opioid addiction. Learn more online at mountainhealthcenter.com

74 Munsil Ave, Bristol, VT 05443

Call (802) 453-5028

Savida Health—MAT

MEDICATION ASSISTED TREATMENT

In-house counseling, case management, and recovery assistance for opioid addiction. Learn more online at savidahealth.com

214 Main St, Vergennes, VT 05491

Call 870-0662

Turning Point Center

OF ADDISON COUNTY

Recovery center that provides peer-to-peer support, activities, coaching, education, and more. Learn more online at turningpointadditsonvt.org

54 A Creek Rd, Middlebury, VT 05753

Call (802) 388-4249

Valley Vista

VERGENNES & BRADFORD

Inpatient addiction treatment program with facilities for adult men and women with substance use disorder. Learn more online at vvista.net.

hello@vvista.net

Call (802) 222-5201

802QUITS TOBACCO

FREE one on one, group, phone & website tobacco cessation coaching.

MyHealthyVT.org or www.802quits.org

PO Box 67 Middlebury, VT 05753

Call 24hr hotline at (802) 388-4205

Counseling Services of Addison County

DESIGNATED AGENCY

Provide assessment and treatment to individuals and families struggling with alcohol/drug abuse and other addictive disorders. Learn more online at [https://www.csac-vt.org/what we do/substance-abuse-services.html](https://www.csac-vt.org/what_we_do/substance-abuse-services.html)

Call (802) 388-6751

TVT

TRI-VALLEY TRANSIT

Dial-a-ride option for vulnerable populations (includes Medicaid) and bus route system connection from Rutland to Burlington Learn more online at actr-vt.org.

297 Creek Rd. Middlebury, VT 05753

Call (802) 388-ACTR (2287)

Small City Taxi

Local taxi service. 24 hour availability.

Call (802) 877-3395

Marble Valley Transit

Medicaid transportation offered - FREE transportation to medical/Reach-up/Fair Hearing appointments for qualified recipients. Bus route available online. Learn more online at www.thebus.com

158 Spruce Street Rutland, VT

(802) 773-3244

Veterans Transportation Services

Learn more online at Transportation - White River Junction VA Medical Center, Vermont

163 Veterans Drive White River Junction, VT 05009

(802) 295-9363

Parent/Child Center

ADDISON COUNTY

Provide support and education to families through child care, outreach, learning programs, and more. Learn more online at addisoncountypcc.org.

126 Monroe St. Middlebury, VT 05753

Call (802) 388-3171

Mary Johnson Children's Center

Help families find childcare placement, and connect eligible families to funding. Provides childcare services for early childhood and school-aged. Learn more online at mjccvt.org

81 Water St, Middlebury, VT 05753

Call (802) 388-4304 or (802) 388 2853

Email office@mjccvt.org

Boys & Girls Club

OF GREATER VERGENNES

After school program that provides support, meals, and a safe place for youths. Learn more online at bgcvergennes.org

20 Armory Lane, Vergennes, VT 05491

Call (802) 870-7199

Addison Central Teens

Teen center offering a space for programming and skill building. After school hours Mi-F. Learn more online at middteens.org.

info@middteens.org

77 Mary Hogan Dr. Middlebury, VT 05753

Call (802) 349-1790

Building Bright Futures

ADDISON COUNTY

Organization that addresses complex social and systemic issues facing VT families. Learn more online at buildingbrightfutures.org

Addison County coordinator: dsenecal@buildingbrightfutures.org

Bristol Family Center

Serving children aged 6 months to 6 years. Learn more online at bristolfamilycenter.org.

16 Orchard Terrace, Bristol, VT

Call 802-453-5659

Email bfc@gmavt.net

Bristol Hub Teen Center & Skatepark

Serving youth from ages 12 to 19 with the mission of providing a safe, supervised, substance-free environment when school is not in session. Learn more online at bristol skatepark.com.

110 Airport Drive, Bristol, VT

Call (802) 453-3678; Email bristolhub@gmail.com



COMMUNITY HEALTH TEAM

To submit corrections/updates to the information contained in this booklet,
please contact a member of the Community Health Team at:

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Community Health Team
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Vergennes, Vermont 05491

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— THE —
University of Vermont
HEALTH NETWORK

Porter Medical Center



UVMHealth.org/PMC